

Child Parent Psychotherapy (Comprehensive Service)

Location: Home Based

Client: Family

Duration: Moderate – six month referral with option for extension

Payer: DCS

Summary:

This service has been recommended because a youth between 0 to 5 years has been indicated as being exposed to a traumatic event and/or is exhibiting maladjustment to trauma.

This program offers techniques to support and strengthen the caregiver and child relationship as an avenue for restoring and protecting the child's mental health, improve child and parent domains, and increase the caregiver's ability to interact in positive ways with the child(ren). This model is based on attachment theory but integrates other behavioral therapies.

CPP Tier 2: 8 Hours of Direct service per week, with or on behalf of the family provided by a Bachelors level case manager, at least 1 hour of therapy a week provided by a Masters level therapist and some support services provided by a Paraprofessional.

CPP Tier 4: 5 Hours of Direct service per week, with or on behalf of the family provided by a Bachelors level case manager, at least 1 hour of therapy a week provided by a Masters level therapist and some support services provided by a Paraprofessional