

Indiana mental health programs: 2022 update includes grants and partnerships, plus launch of Indiana 988

Providing access to care:

- **Community Catalyst Grants:**
 - \$54.8 million spread among 37 grantees – This includes \$22.3 million in matching funds provided locally by grant recipients
 - Goal is to enhance the quality, integration and access of mental health prevention, intervention, treatment and recovery services across the state. These are funding infusions to build out the care continuum and improve mental health and substance use disorder outcomes across the state.
 - The Division of Mental Health and Addiction intentionally cast a wide net in seeking out grantees to attract innovative, collaborative and sustainable local and community-driven responses to mental health and substance use disorder challenges.
 - Organizations embedded within the community and uniquely positioned to understand the nuances of their communities' needs were encouraged to apply.
 - **Funding source:** American Rescue Plan Act funds appropriated by the Indiana General Assembly (HEA 1001-2021)
 - Many of the grant recipients also sought and received matching funds from their community partners.
 - Matching funds were not a requirement but having matching funds made an organization more likely to receive a Catalyst grant.
- **Riley Children's Health pediatric mental health integration**
 - \$8 million partnership – This includes \$4 million in matching funds from the Riley Children's Foundation.
 - Through this partnership, mental health services will be embedded within primary pediatric care settings around the state of Indiana, directly addressing the growing child mental health crisis.
 - Partnering with Riley offers a chance to reach a huge part of the state. FSSA is hopeful more providers will see this and come on board as partners.
 - **Funding source:** American Rescue Plan Act funds appropriated by the Indiana General Assembly (HEA 1001-2021)

Investing in Infrastructure:

- **988 crisis response system**
 - On Saturday, 988 will go live as a new national three-digit dialing code for reaching the National Suicide Prevention Lifeline.
 - Indiana is well-prepared, as we have three experienced Indiana 988 centers that have been answering calls for the National Suicide Prevention Lifeline for many years

- Indiana is using the arrival of 988 to invest in a broader crisis response system to help all Hoosiers. This will ultimately include more than just someone to contact at a 988 center, but also someone to respond and a safe place to go for help, if needed.
- What it will mean, throughout the coming 7 to 10 years is:
 - A simple, short number for anyone experiencing mental health-related distress (thoughts of suicide, mental health or substance use crisis, or any other kind of emotional distress.)
 - Mobile crisis teams (community-based) who are trained and skilled in responding to anyone experiencing mental health-related distress.
 - Network of local crisis specialists equipped to provide culturally competent support and referrals to local resources and other lifesaving follow-up care.

Expanding the mental health workforce:

- **Community mental health center workforce stabilization grants**
 - \$27.6 million in direct payments to community mental health centers around the state of Indiana, of which 75% must be used to retain existing workforce. A map and a list of all community mental health centers can be found here: https://www.in.gov/fssa/dmha/files/DMHA_SOFs_and_CMHCs.pdf
 - **Funding source:** This is part of the home- and community-based services enhanced federal Medicaid assistance percentage (FMAP) provider stabilization grants that were awarded earlier in the year.
- **Psychiatric residencies**
 - \$4.4 million awarded in a partnership with the IU School of Medicine to fund psychiatrist residency (training) slots, as well as fellowships for psychiatrists and internships for psychology students.
 - In psychiatry:
 - three postgraduate, four-year residency positions, and
 - four one-year, postgraduate psychiatry fellowships, for a total of up to 16 individuals.
 - In psychology:
 - two clinical psychology post-doctoral positions per year, for four years, for a total of up to eight individuals.
 - three psychology internship positions per year, for a total of up to 12 individuals over a four-year period.
 - **Funding source:** American Rescue Plan Act funds appropriated by the Indiana General Assembly (HEA 1001-2021)
- **Certified Community Behavioral Health Clinic bridge funding**
 - \$15 million to Indiana's community mental health centers

- As Indiana and the rest of the nation move toward the Certified Community Behavioral Health Clinic model, community mental health centers in Indiana need support transitioning from the current model to the new model.
- CCBHCs will improve on the mental health and substance use disorder services currently provided by community mental health centers – expanding the mental health/SUD workforce, enhancing patient outreach and care coordination, and addressing individuals in crisis – while also helping reduce financial barriers and the costs of providing care.
- More information about CCBHCs can be found here:
<https://www.thenationalcouncil.org/program/cbhc-success-center/cbhc-overview/>
- **Funding source:** Indiana state funds that were made available through enhanced federal Medicaid assistance percentage (FMAP) during the state’s public health emergency.