

Regional Prevention System

The Division of Mental Health and Addiction's Regional Prevention System is a bottom-up approach where the local communities drive the conversations and identify their needs for substance misuse prevention and mental health promotion up to the regional prevention council and then to DMHA.



What is the role of the Regional Prevention System?

Mission: Support health of Hoosiers so that each region is empowered to identify and build bridges that reach their locally identified goals for reducing substance use/misuse behaviors and the related consequences through leading, convening, training, disseminating and partnering which motivates and encourages actions.

How is it done?

- ► Facilitating the development and capacity of community partners substance misuse prevention efforts.
- ► Assist with the feedback loop between DMHA and the local communities.
- ▶ Build a connection between the systems that impact substance misuse to improve outcomes in 30-day use, perceived risk of harm and disapproval of substance use.



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The Regional Prevention Coordinator

The Regional Prevention Coordinator's role is to facilitate conversations about substance misuse prevention while connecting with communities and the region. They are also the liaison between the local Client Consultation Boards, Regional Prevention Council and DMHA. The Regional Prevention Coordinator:

- ▶ Listens and learns from your community.
- ▶ Brings community members together to discuss substance misuse prevention and mental health promotion.
- ► Shares the opportunity for training and technical assistance.
- Helps share information about substance misuse and strategies to improve substance misuse prevention.
- Supports local and regional councils as they plan, develop and launch prevention methods.

The Regional Prevention Council

The Regional Prevention Council's shared efforts of their knowledge, experience and care for communities drives:

- ► The council to be the best it can be.
- ► The representation of the residents that live in each community.
- ► Action to improve the health and welfare of the communities.
- ► The increase of service opportunities in the region.

The Client Consultation Boards

The Client Consultation Board is the opportunity to start building relationships with the community and determine exactly what are the community's needs. Use this opportunity to learn as much as you can about likes and dislikes, past experiences, good and bad, as well as general lifestyle issues that are relevant to the area and its needs. Conversation is the main ingredient, which is the act of successfully sharing information between people or groups of people so that it is effectively understood.

How to get involved in your community

Please consider joining your local Client Consultation Board now by reaching out to the regional prevention coordinator in the region. Contact information can be found at www.in.gov/fssa/dmha/substance-misuse-prevention-and-mental-health-promotion/prevention-partners.

- CRural communities struggle to find resources, so the CCB is a way for our community to work together for the greater good. Separate we are strong but isolated; together, we are mighty and unified! The CCB helps to facilitate real systems change."
 - —Brandy Terrell, LCSW, Orange County RPC representative
- The CCB has increased the coordination among various sectors to benefit substance use prevention and mental health awareness."—Autumn Roach, Blackford County Health Department



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