

**OVER THE COUNTER / PRN MEDICATION LIST FOR DCS RESIDENTIAL FACILITIES / GROUP HOMES**

Each facility is welcome to utilize a format for their over the counter/PRN medication list that is most beneficial to their staff, nurses and physician. The list is required to be signed by a licensed physician. The facility must have a variance from DCS if a nurse practitioner is the signee.

While IDOH does not mandate the format of the list, there are items that must be on the list. The table below details those items and offers a simple but effective format for facilities as the OTC/PRN list is created.

The list must be clearly identified as over the counter/PRN medications. Only items on a facility’s signed and approved OTC/PRN list can be present. Facilities will be cited for any item that does not match the list exactly. Strength, active ingredient, etc. must be carefully monitored. Facilities should list the medication by active ingredient versus brand name. If an item is listed as brand name, then only that brand name item can be present. Facilities must also include the strength and type of medication, the reason for use, and the specific dosing instructions. It is acceptable to state “use as directed on the label or package” but it is not acceptable to state “use as directed.” Special attention should be noted that instructions are clear if there is a difference in dosage based on age or weight.

All OTC/PRN medication provided to children must be clearly tracked and noted in the child’s medical record.

Please reach out to [hfssurvey@health.in.gov](mailto:hfssurvey@health.in.gov) with any questions.

<b>ACTIVE INGREDIENT</b>	<b>STRENGTH</b>	<b>EXAMPLE BRAND NAME</b>	<b>REASON FOR USE</b>	<b>DOSING INSTRUCTIONS</b>	<b>SPECIAL AGE/WEIGHT DOSING INSTRUCTIONS</b>
Acetaminophen	325 mg tablet	Tylenol	Fever, pain	Age 12 years and older: take 2 tablets every 6 hours (no more than 6 tablets per 24 hours; no more than 10 days in a row)	For children under the age of 12 years, consult with physician
Ibuprofen	200 mg tablet	Advil	Fever, pain, inflammation	Use as directed on the label	Use as directed on the label

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License Physician Signature  
(or Nurse Practitioner with Variance Approval)

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Date