

# Trainings and Resources

## Health Equity

1. [Black/White Equity in the opportunity to survive the 1st year of life - a dream deferred](#)  
Password: Equity  
Dr. Art James  
1 1/2hr long webinar - very good, focuses mainly on the racial inequity
2. [Advancing Health Equity](#)  
APHA -  
Short essay, easy read, basic
3. <https://healthequityguide.org>  
Interactive guide discussing disparities. Has both basic ideas and research examples of ways to implement action
4. Equity vs. Equality (3 very simple/basic videos)
  - a. [Health Equity Animated: Equity vs. Equality](#)  
BlueCross/BlueShield Minnesota
  - b. [Equity and Equality](#)  
"Equity and Equality," part of the University of Maine's Rising Tide Center and its 5-Minute Professional Development Series: The Current.
  - c. <https://www.youtube.com/watch?v=MIXZyNtaoDM>

## Social Determinants of Health

1. [Determinants of Health a Practical view \(WHO\)](#)  
Published on Jan 24, 2020  
This video is a 4-minute summary of the Determinants of Health!  
Determinants are factors that can influence a person's health. While the focus of health interventions has typically been, who people are and what they do, the conditions in which they are born, grow, live, work and age are critically important in determining the health of individuals and communities.
2. [Healthy People 2020 Social Determinants of Health](#)  
A good basic essay on the Determinants of Health
3. Resources for DATA on SDOH
  - a. <https://www.cdc.gov/socialdeterminants/data/index.htm>
  - b. <https://www.ruralhealthinfo.org/data-explorer>

## Implicit Bias

1. [What Is Bias, and What Can Medical Professionals Do to Address It?](#) Video
2. [How Does Implicit Bias Affect Health Care?](#) Video
3. [What Are the Harms of Not Addressing Bias in Health Care?](#) Video
4. [Project Implicit - Harvard Bias Test](#)
5. [Are you Ready to Talk](#) - Stanford Implicit Bias Screening
6. [Implicit Bias Resource Guide - NICHQ](#)

## Adverse Childhood Experiences

1. [How childhood trauma affects health across a lifetime \(Nadine Burke Harris | TEDMED 2014\)](#)  
Childhood trauma isn't something you just get over as you grow up. Pediatrician Nadine Burke Harris explains that the repeated stress of abuse, neglect and parents struggling with mental health or substance abuse issues has real, tangible effect on the development of the brain. This unfolds across a lifetime, to the point where those who've experienced high levels of trauma are at triple the risk for heart disease and lung cancer. An impassioned plea for pediatric medicine to confront the prevention and treatment of trauma, head-on.
2. [ACES Science 101 \(FAQs\)](#)
3. [Preventing Adverse Childhood Experience \(ACEs\) - CDC](#)  
This is a resource to help states and communities leverage the best available evidence to prevent ACEs from happening in the first place as well as lessen harms when ACEs do occur. It features six strategies drawn from the CDC Technical Packages to Prevent Violence.
4. <https://www.cdc.gov/violenceprevention/acestudy/>  
Learn more about preventing ACEs in your community by assuring safe, stable, nurturing relationships and environments.
5. [CDC Violence Prevention Ace Study](#)
6. [How to Build Buffers against ACEs and Their Consequences](#)  
The best way to address ACEs is to prevent them. But, even under optimal circumstances, adversity is sometimes unavoidable. Fortunately, according to the Centers for Disease Control and Prevention, families and communities can actually create buffers that protect children from many of the negative health and life outcomes that stem from adversity.
7. [Get your ACE and RESELIENCE Score](#)
8. [ACEs Infographic](#) - use this resource to create your own pair of ACE's infographic

# Collective Impact

1. [Collective Impact Forum](#)
2. [How do you Successfully Put Collective Impact into Action](#)

# Racism and Ethnicity

1. [Center for Comparative Studies in Race & Ethnicity](#)