



Indiana
Department
of
Health

Long-term Care **NEWSLETTER**

LTC Newsletter 2024-02
Jan. 26, 2024

LTC Update:

- **Center for Excellence in Behavioral Health in Nursing Home Facilities (COE-NF)**
- **Free Virtual Courses for Skilled Nursing Facility Personnel**
- **Project Firstline Informational Webinar**

Center for Excellence in Behavioral Health in Nursing Home Facilities (COE-NF)

The [Center for Excellence in Behavioral Health in Nursing Home Facilities](#) (COE-NF), funded by CMS civil money penalties and a grant from the [Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#), is a centralized hub and national model for expanding capacity in nursing homes to care for residents with behavioral health needs. The program provides no-cost resources to achieve better outcomes for residents with serious mental illness (SMI), serious emotional disturbance (SED), substance use disorders (SUD), or co-occurring disorders (COD).

The COE-NF provides direct technical assistance, evidence-based training, and resources that are appropriate for every member of your long-term care facility – from those providing day-to-day direct care, to clinical and administrative staff.

Their virtual trainings and past newsletters can be found [here](#). You can subscribe to their monthly newsletter [here](#).

Free Virtual Courses for Skilled Nursing Facility Personnel

The Indiana Department of Health and the University of Indianapolis Center for Aging and Community are offering free virtual courses for skilled nursing facility personnel in subject areas relevant to the long-term care setting. The courses are:

- [Emergency and Disaster Management in Long Term Care](#) – starting on May 14
 - Co-taught by Kara Cecil, DrPH and Bill Reckert, MSM
 - Topics covered include the four phases of emergency management, review of CMS Risk Assessment Template and Self-Assessment Checklist, tabletop exercises, improving your Emergency Action Plan (EAP), emergency communications, the importance of documentation, and training in a high turnover field
 - If you have any questions, please contact Leah Jones at the University of Indianapolis Center for Aging and Community, Jonesl001@uindy.edu.

- [Pressure Injury Prevention and Management in Long Term Care](#) – starting Jan. 31
 - Taught by Jeri Ann Lundgren, RN, BSN, PHN, CWS, CWCN, CPT
 - Topics covered include utilizing QAPI to set up an effective pressure injury prevention program, risk assessment, care planning, prevention of skin breakdown, assessment, staging, topical treatment, and lower extremity ulcers
 - If you have any questions, please contact Lidia Dubicki at the University of Indianapolis Center for Aging and Community, ldubicki@uindy.edu.

- [Abuse and Neglect Prevention in Long Term Care](#)– starting Mar. 7
 - Taught by Becky Bartle, MSN, RN, HFA
 - Topics covered include human dignity for all persons, recognizing abuse and neglect, causes of abuse and neglect of residents, training for staff that prevents stressors, abuse by other residents, abuse by visitors/family members, preventing abuse and neglect and intervening, reporting abuse and neglect and mechanisms to administratively monitor for potential abuse
 - If you have any questions, please contact Leah Jones at the University of Indianapolis Center for Aging and Community, Jonesl001@uindy.edu.

Each course offers long-term care specific examples. Courses will be offered at various times from January 2024 through May 2025. CEUs are available through the Indiana Department of Health for administrators and social workers.

For more information and to register, click on the corresponding course name above. These courses are funded through the Indiana Department of Health using Civil Money Penalty funds.

If you have any questions, please contact Leah Jones at the University of Indianapolis Center for Aging and Community, Jonesl001@uindy.edu.

Project Firstline Informational Webinar

The recorded version of the University of Indianapolis Center for Aging and Community's informational webinar, "Project Firstline Infection Control Ready to Use Implementation Plan Review," is available.

Watch the recording for the following:

- What is Project Firstline
- What does the Implementation Plan include
 - The ability to utilize specific sessions of instruction only
 - Interactive resources that will engage students in new learning
- Why should I use the Implementation Plan?
 - Easy to integrate
 - Short bursts of information

Access the webinar [here](#). The password is: MdL\$p1y0.

For more information, contact Stacie Clay, Project Coordinator, at clays@uindy.edu or 317-791-5934.