



**Indiana**  
Department  
of  
**Health**

## **Long-term Care** **NEWSLETTER**

**LTC Newsletter 2024-05**  
**March 7, 2024**

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### **LTC Update:**

- **Prepare for the April 8 Total Solar Eclipse**
- **Free Virtual Courses for Skilled Nursing Facility Personnel**

### **Prepare for the April 8 Total Solar Eclipse**

On Monday, April 8, a total solar eclipse will pass over Indiana. Please see this [flyer](#) for information on how to prepare for this event. Also, please refer to [this information](#) on solar retinopathy.

### **Free Virtual Courses for Skilled Nursing Facility Personnel**

The Indiana Department of Health and the University of Indianapolis Center for Aging and Community are offering free virtual courses for skilled nursing facility personnel in subject areas relevant to the long-term care setting. The courses are:

- [Emergency and Disaster Management in Long Term Care](#) – starting on May 14
  - Co-taught by Kara Cecil, DrPH and Bill Reckert, MSM
  - Topics covered include the four phases of emergency management, review of CMS risk assessment template and self-assessment checklist, tabletop exercises, improving your Emergency Action Plan (EAP), emergency communications, the importance of documentation, and training in a high turnover field.
  - If you have any questions, please contact Leah Jones at the University of Indianapolis Center for Aging and Community at [Jonesl001@uindy.edu](mailto:Jonesl001@uindy.edu).

- [Pressure Injury Prevention and Management in Long Term Care](#) – starting April 10
  - Taught by Jeri Ann Lundgren, RN, BSN, PHN, CWS, CWCN, CPT
  - Topics covered include utilizing QAPI to set up an effective pressure injury prevention program, risk assessment, care planning, prevention of skin breakdown, assessment, staging, topical treatment, and lower extremity ulcers.
  - If you have any questions, please contact Lidia Dubicki at the University of Indianapolis Center for Aging and Community at [ldubicki@uindy.edu](mailto:ldubicki@uindy.edu).

Each course offers long-term care specific examples. Courses will be offered at various times from January 2024 through May 2025. CEUs are available through the Indiana Department of Health for administrators and social workers.

For more information and to register, click on the corresponding course name above. These courses are funded through the Indiana Department of Health using Civil Money Penalty funds.

If you have any questions, please contact Leah Jones at the University of Indianapolis Center for Aging and Community at [Jonesl001@uindy.edu](mailto:Jonesl001@uindy.edu).