



Indiana State  
Department of Health

# LONG TERM CARE NEWSLETTER

**ISDH Long Term Care Newsletter**  
**Issue 2018-04**  
**June 7, 2018**

**Today's Issue:**

- Advanced Education Opportunity: Alzheimer's & Dementia
- 11th Mid-America Institute on Aging & Wellness
- Palliative Care Website
- Long Term Care Facility Staff Influenza Vaccination Survey

## Advanced Education Opportunity: Alzheimer's & Dementia

The Indiana State Department of Health (ISDH) and University of Indianapolis are pleased to announce dates for an education opportunity on Alzheimer's & Dementia Care for long term care professionals. The Advanced Education Project is a Civil Money Penalty (CMP) project providing education to long term care professionals to assist with quality of care challenges. The [Advanced Education -- Alzheimer's & Dementia For Long Term Care Professionals](#) course offers an evidence-based approach to caring, managing, and care planning the challenges associated with Alzheimer's / dementia residents. The curriculum was developed using current standards of care practices.

[Registration is open.](#)

**Delivery Mode:** Face-to-face training course. A two day session followed by a one-day session after several weeks. Class is 8:00AM -5:00PM each day.

**Locations:**

Merrillville: July 9, 10, & 24, 2018

Indianapolis: August 13, 14, & 28, 2018

Evansville: October 29 & 30 & November 13, 2018

**Cost:** \$100 for the 3-day training - includes lunch and all-day beverages

**For more information contact:**

Kennedy Doyle, Project Coordinator, University of Indianapolis Center for Aging & Community at [doylek@uindy.edu](mailto:doylek@uindy.edu) or (317) 791-5920.

Mid-America Institute on Aging & Wellness Annual Conference

The University of Southern Indiana (USI) is hosting the *11th Annual Mid-America Institute on Aging and Wellness* to be held on the USI campus August 8-10, 2018.

Teepa Snow, one of America's leading educators on dementia, is returning to USI to present a Pre-Conference Workshop August 8 for direct care providers who care for persons with Alzheimer's disease or other related dementias. Her Positive Approach® philosophy is based on years of medical research and her background in occupational therapy. To register for the pre-conference, [visit the pre-conference web page](#).

In addition to Teepa Snow, keynote speakers on August 9 and 10 are:

- Bill Thomas, MD, best known for his health care innovations, The Eden Alternative and The Green House®
- Ashton Applewhite, a leading voice in an emerging movement dedicated to dismantling ageism
- Jeff Speck, a city planner and urban designer who advocates internationally for more walkable cities.

There are also a variety of concurrent sessions planned of interest to health care and social service professionals, health care administrators, clinicians, older adults or retirees, family members providing care for a loved one, students and anyone who wants to learn tips for leading a healthier life.

**Dates:** August 9 and 10, 2018 with pre-conference workshop for direct care providers with dementia care expert Teepa Snow on August 8.

**More information:** [www.USI.edu/maia](http://www.USI.edu/maia).

**Deadline for reduced registration rate:** July 27

**Follow on Facebook:** "Mid-America Institute on Aging and Wellness - MAIA" ... #maiarocks

## Palliative Care Website

Palliative care is patient-centered and family-focused medical care that optimizes quality of life by anticipating, preventing, and treating suffering caused by a medical illness or a physical injury or condition that substantially affects a patient's quality of life. The term includes:

1. Addressing physical, emotional, social, and spiritual needs.
2. Facilitating patient autonomy and choice of care.
3. Providing access to information.
4. Discussing the patient's goals for treatment and treatment options, including hospice care when appropriate.
5. Comprehensively managing pain and symptoms.

In 2016 the Indiana General Assembly created the Palliative Care and Quality of Life Advisory Council. The goal of the Council is educating and advocating for quality palliative care throughout Indiana.

The ISDH has created the [Palliative Care Information Center](#) and the [Palliative Care and Quality of Life Advisory Council](#) website to provide information and resources.

## Long Term Care Facility Staff Influenza Vaccination Survey

The Indiana State Department of Health (ISDH) Epidemiology Resource Center (ERC) is collecting survey responses from healthcare personnel at long term care facilities about influenza vaccination. The purpose of this survey is for the Epidemiology Resource Center to better understand the factors that influence healthcare personnel at long term care facilities to get their annual flu vaccine. The survey will close July 1.

The survey can be completed by anyone who works at a facility including clinical and nonclinical personnel. Filling out the survey will enter you into a raffle to win an Indianapolis Colts mini helmet signed by Anthony Castonzo! To enter the raffle, fill out the survey one of two ways:

1. Online at the following link <https://www.surveymonkey.com/r/7Z27ZB3>

2. The *Long Term Care Facility Staff Influenza Vaccination Paper Survey* can also be completed. The paper versions can be either scanned and emailed to [Sberdahl@isdh.in.gov](mailto:Sberdahl@isdh.in.gov), or faxed to the ISDH ERC at 317.234.2812, Attn: Sonia Berdahl.

Please contact Sonia Berdahl at [sberdahl@isdh.in.gov](mailto:sberdahl@isdh.in.gov) with any questions.