



**Indiana
Department
of
Health**

Drug Overdose Prevention Newscast

March 28, 2023

Updates

SAMHSA Advisory for CBD Products

Last month, the Substance Abuse and Mental Health Services Administration (SAMHSA) issued an advisory regarding cannabidiol (CBD) products. Non-FDA approved CBD products have gained traction in recent years, with as many as 1 in 3 adults reporting regular use of CBD products. Despite being marketed for a variety of health conditions, CBD products do not have federal standards for their purity or potency.

CBD has become widely available in a range of products, including topicals, foods, and beverages. According to the advisory, there is a lack of safety standards and quality control in the CBD manufacturing process. Several studies indicate that the marketing and labelling of CBD products is often inaccurate. One study found that of 84 CBD products, only 31% had accurately labelled their CBD concentrations. In addition, there is risk that the psychoactive delta-9-tetrahydrocannabinol (THC) can contaminate CBD products during the manufacturing process. This leads to concerns about unintentional intoxication, especially for young children. Overall, SAMHSA recommends more clinical research be done to determine if CBD products are effective for the health conditions they are marketed for addressing.

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Irsay Institute

Earlier this month, Indiana University opened a new research institute dedicated to addressing the stigma around mental health. The Irsay Institute, made possible by a donation from the Irsay family, aims to become a national leader in stigma research. "The transformative research taking place at the Irsay Institute will allow IU to strengthen interdisciplinary research addressing stigma and other key health issues", remarks IU President Pamela Witten. Some other key health issues the Irsay Institute plans to focus on include HIV, substance use disorder, and the effects of climate on health.



The Irsay Institute plans to partner with national organizations like Project Healthy Minds, Bring Change to Mind, and the World Psychiatric Association's Together Against Stigma Program. "Through this collaboration, we have been able to develop new opportunities to escalate our scientific, policy, and community efforts to improve the health of Indiana and the U.S. more broadly", Director of IU's Indiana Consortium for Mental Health Services and Irsay Institute Director, Bernice Pescosolido.

Upcoming Events

Upstream Prevention's Suicide Prevention Coalition Meeting

10 a.m.—11 a.m. EST, March 31

Hosted by: Upstream Prevention

Join Upstream Prevention for their monthly Suicide Prevention Coalition meeting.

[CLICK THIS LINK](#)

Mindful Monday

Noon—12:30 p.m. MST, April 3

Hosted by: Mountain Plains MHTTC

This is a 30-minute training and will run every other week through May 15, 2023. Each month will have a specific theme/focus with exercises for mindfulness. Participants will have the opportunity for experiential practice, reflection, and discussion with other participants.

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Hoosier Idol 2023

6 p.m.—9 p.m. EST, April 5

Indiana Roof Ballroom— 140 W. Washington St., Indianapolis, IN 46204

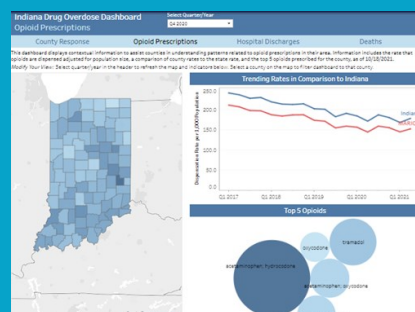
Hosted by: Mental Health America of Indiana

Hoosier Idol features members of the Indiana General Assembly. The evening includes a reception and dinner. Attendees include Indiana policymakers, advocates, and mental health providers. The goal for Hoosier Idol is to provide a venue for public education on issues critical to the behavioral health system in Indiana, as well as raise funds for Mental Health America of Indiana.

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Indiana Drug Overdose Dashboard

Please visit the [Indiana Drug Overdose Dashboard](#), where you will find data from 2017 up to provisional data for 2021. In this dashboard, you will find data regarding opioid prescriptions, hospital discharges, and drug-related deaths. You can use this dashboard to explore overdose data at the county and state levels.



To **promote**, **protect**, and **improve** the health and safety of all Hoosiers

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