

Upskill to Advance Your Career

Explore new videos every day that can be completed in around 5 minutes. Don't worry if you miss a day — you can always catch up tomorrow.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Challenge starts tomorrow!</p> 	<p>Identify Skill and Knowledge Gaps (3m 37s)</p>	<p>Activity: List three hard skills you'd like to develop.</p>	<p>Map Your Skills and Fill the Gaps (2m 06s)</p>	
<p>Activity: List three soft skills you'd like to develop.</p>	<p>Communicate with Authority, Clarity, and Confidence (3m 05s)</p>		<p>Master What You Can Control and Then Let Go of the Rest (2m 58s)</p>	<p>Emotional Intelligence (3m 16s)</p>
<p>How to Improve Your Observation Skills (2m 21s)</p>	<p>Activity: What's a course you'd like to complete in the next 30 days?</p>	<p>Building for Continuous Change (3m 03s)</p>		<p>Activity: What are your favorite takeaways from the videos you explored? List them in the space below.</p>
<p>My takeaways:</p>				